

SHANTALA BOSS, M.S.  
LICENSED MENTAL HEALTH COUNSELOR  
REGISTERED PLAY THERAPIST



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### **Blue Cross Blue Shield Policy**

As of 10/1/2017 Blue Cross Blue Shield pays \$60.00 for 45-minute sessions. All sessions at Shantala Boss, LMHC are 60 minutes in length. Blue Cross Blue Shield clients will be charged \$20.00 along with their copayment to offset this additional session time. Regrettably, it is understandable if you do not wish to pursue services due to this fee. However, therapeutically, an hour is necessary for a therapy session. If you understand this fee and are willing to comply by paying for the non-billable time of 15 minutes at the negotiated rate of \$20.00, please sign below.

I \_\_\_\_\_ understand that Shantala Boss, LMHC bills full hour sessions, of which 15 minutes is not covered by my insurance provider, Blue Cross Blue Shield. I agree to pay for the additional 15 minutes out-of-pocket. The fee is \$20.00 for the final 15 minutes of the session. This fee will be in addition to any copayment that may apply.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_